

COLLEEN SPROULL

Ph: 757-810-3638

www.colleensproull.com

Email: csproull@gmail.com

SKETCH COMEDY & IMPROV

<i>Virginian Brides</i>	Writer/Producer/Creator/Performer	The Peoples Improv Theater
<i>Chalametallica</i>	Writer/Performer Sketch House Team	The Peoples Improv Theater
<i>Steve's Hard Milk</i>	Writer/Performer Sketch House Team	The Peoples Improv Theater
<i>Jesus Christ Tatertot</i>	Potato Choir Soprano	The Peoples Improv Theater
<i>The Actors Worst Nightmare</i>	Improvise	The Peoples Improv Theater
<i>SketchShw - Written/Performed 12 hrs</i>	Various Characters	The Peoples Improv Theater

MUSICAL COMEDY & VOICEOVER

<i>The Startup Culture</i>	Linette	The PIT Loft
<i>The So-Called President</i>	Elizabeth Warren	TADA! Theatre
<i>The Sound of Recovery</i>	Ivanka Trump	The York Theater
<i>Nonsense</i>	Sr. Robert Anne	Vienna Theatre
<i>Orfeo (VO)</i>	SciFi Narrator	Venus Radio Corp
<i>ER Virtual Reality Training (VO)</i>	Aleena – Emergency Room Doctor	Medstar/SiTEL

TELEVISION

<i>Deadline: Crime with Tamron Hall</i>	Tandy - Principal	NBC Peacock
<i>Grave Mysteries</i>	Terri Perez - Principal	Investigation Discovery
<i>Nightmare Next Door</i>	Carla - Principal	Investigation Discovery
<i>Mysteries at the Castle</i>	Elizabeth Chudleigh - Principal	The Travel Channel

THEATRE

<i>EVUSA/NY Pops Holiday Concert</i>	Soprano	Carnegie Hall
<i>Summer Rock (Musical)</i>	Mrs. Edgemont - Lead, loving mom	The Davenport Loft
<i>It's Your World (Musical)</i>	Susan - Lead, Judgmental Wife	MaXam Productions
<i>OK Stupid's Secret Mathlab</i>	Lucy - Lead, Quirky online-dater	Capital Fringe Fest
<i>Boston Marriage</i>	Claire - Lead, Uptight lesbian	Capital Fringe Fest

FILM

<i>Tiebreaker</i>	Lisa - Lead, Girl-next-door	Citra Productions
<i>Tips for Magicians</i>	Tracy - Lead, Wingwoman	Adrenaline Film Festival
<i>Happy Travels</i>	Hippie - Lead, Free spirit	iYou Productions

TRAINING & EDUCATION

Groundlings – Intermediate Improv; Sketch Workshop A
UCB – Improv 401; Sketch 301; Character 101
The PIT; The Second City Chicago - Improv & Sketch Writing
B. A. Film; B. A. Theatre and Dance: Musical Theatre - James Madison University
The Theatre Lab Honors Conservatory - One Year Intensive Study; Matthew Corozine Studio - Meisner Technique
Stacy Gallo; Rebecca Yarsin; Rachel Reiss; Amy Gossels - Commercial Workshops; OneonOne NYC Advanced Industry

SKETCH COMEDY: Sketch Comedy House Team Member at the PIT NYC 4 Seasons

IMPROV: Improv House Team Member Thunderbolt Comedy NYC

TelePrompTer: Cuecard & scroll; Just Dance 2017 Competition Winner!

Voice: Standard British, Cockney, NY, NJ, & Boroughs, Southern, Boston, Australian, German, Eastern European

Fitness: Yoga, Zumba, Pilates, Swimming

* Commercial & VO conflicts available upon request